Cottage Lake Pool

Summer '03



	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday & Sunday
8 - 9 am	Water Exercise	Private Lessons	Water Exercise	Private Lessons	Water Exercise	
9 - Noon	Lessons					
Noon - 12:30 pm	Private Lessons & Pre-Competitive Lessons					11:30 - 1:30 pm Rentals Available
12:30 - 1:30 pm	Public Swim \$3.00					
1:30 - 2:30 pm	Public Swim \$3.00					Public Swiim \$3.00
2:30 - 3:30 pm	Public Swim \$3.00					Public Swim \$3.00
3:30 - 4:30 pm	Family Swim \$3.00					Family Swim \$3.00
4:30 -	#:30 - 5:30 Public Swim \$3.00 M - Th Lessons 5:30 - 6:30 Public Swim \$3.00					4:30 - 5:30 pm Public Swim \$3.00
7:00 pm						5:30 - 6:30 pm Public Swim \$3.00
7:00 - 8:00 pm	Public Swim 6:30 - 7:3 \$3.00 Public Sw \$3.00					6:30 - 7:30 pm Rentals Available

- Children under 6 years of age must be accompanied by an adult in the water at all times.
- Family Swims require an adult in the water directly supervising all children under 18 years of age.
- Programs may be changed, combined, or share the pool to assure maximum convenience and pool use.



This material will be provided in alternative formats upon request.



King County Cottage Lake Pool

18831 NE Woodinville-Duvall Rd Woodinville, WA 98072 Phone: 206-296-2999

TTY Relay: 711

www.metrokc.gov/parks

Summer 2003 June 23 - September 1



Class Levels progress from Parent-Tot to Youth Level 7.

Also available: Private, Pre-competitive, and Adult classes.

Class series are two weeks, each lesson one half hour.

Morning classes:

9:00 am - Noon, Monday - Friday Afternoon/evening classes: 4:30 - 7:00 pm, Mon. - Thurs..

> June 23 - July 4 July 7- July 18 July 21- Aug 1 Aug 4 - Aug 15 Aug 18- Aug 29

Registration begins up to three months before the start of the class. M - F, Noon - 7 pm. See *Registration Policy*.



FOURTH OF JULY SWIMMING

We will be open, Friday, July 4. Regular schedule.

LABOR DAY SWIMMING

Aug. 30, 31 & Sept. 1. We will use the weekend schedule all three days.

WATER EXERCISE

One full hour. No registration needed.

RECREATIONAL SWIM SCHEDULE

All days, dates, and times are subject to change.

Public Swimming

Everyone on deck pays \$3.00. Free viewing is outside the fenced area.

M - F \$3.00 12:30 - 1:30 pm
M - F \$3.00 7:00 - 8:00 pm
Daily \$3.00 1:30 - 2:30 pm
Daily \$3.00 2:30 - 3:30 pm
F, Sa, Su \$3.00 4:30 - 5:30 pm
F, Sa, Su \$3.00 5:30 - 6:30 pm

Family Swimming

Daily \$3.00 3:30 - 4:30 pm

For your safety and the safety of others, please enter the pool feet first, leave glass containers at home, and keep food outside the deck area.

Thank you.

EXERCISE PROGRAMS

Water Exercise

M, W, F 8:00 - 9:00 am